

**HOW TO GET TRUE HELP FROM GOD**  
**FOUR EXAMPLES OF GOD'S DELIVERANCE OF TRULY HUMBLLED**  
**AND THUS, THANKFUL SOULS**  
**PSALM 107**

- I. **AN OPENING EXHORTATION TO THE REDEEMED to give thanks to the Lord for His Lovingkindness, salvation in Christ (1-3)**
- II. **-THE LOST, HUNGRY SOUL hopelessly wandering (4-9)**
- A. **Their State:** Wandering, cannot find their way, hungry and thirsty, fainting souls (4-5)
- B. **God's Solution:** They humbly cried out the Lord and He delivered them, leading them in a strait way, to salvation in Christ (6-7)
- C. **God's Exhortation:** Thus, give thanks to the Lord for His Lovingkindness because He has satisfied and filled the soul with what is good, salvation in Christ (8-9)
- THE PRISONER, LIVING IN DARKNESS, AT DEATH'S DOOR, IN CHAINS, because of rejection of God's Word, SEVERELY HUMBLLED by God, at the end of self (10-16)**
- A. **Their State:** Living in sins' darkness and at deaths door, in chains and misery because of rebellion against God's Word, thus God humbled their hearts with labor, they stumbled and had none to help (10-12)
- B. **God's Solution:** They humbly cried out the Lord and He delivered them, brought them out of darkness and death, having freed them from sin through Christ (13-14)
- C. **God's Exhortation:** Thus, give thanks to the Lord for salvation in Christ (15-16)
- III. **-THE FOOL, AFFLICTED, NEAR DEATH because of rebellion and sin (17-22)**
- A. **Their State:** Afflicted, depressed, at the end, near death, because of their sinful way and sin (their destructions) (17-18)
- B. **God's Solution:** They humbly cried out the Lord and He sent His Word, healed and delivered from their self-destruction (sin and sinful ways) through Christ (19-20)
- C. **The Exhortation:** Thus, give thanks to the Lord for His Lovingkindness, offer sacrifices of praise, proclaim His excellencies with joyful singing for salvation in Christ (21-22)
- IV. **-THE OVERWHELMED by Circumstances, MELTED, IN MISERY, AT WITS END (23-32)**
- A. **Their State:** Souls melted away, in misery, at the end of their rope because of the life-threatening storm, revealing the reality they are not in control (23-27)
- B. **God's Solution:** They humbly cried out the Lord and He brought them out of their distresses by calming the storm. They rejoiced, so He guided them their haven in Christ (28-30)
- C. **The Exhortation:** Thus, give thanks to the Lord for His Lovingkindness, extol Him with the saints, praise Him at the seat of the elders for salvation in Christ (31-32)
- V. **A SUMMARY OF WHAT GOD DOES (33-42)**
- A. **He changes PLENTY TO POVERTY because of wickedness** (33-34)
- B. **He changes POVERTY TO PLENTY for the humble**, establishing, feeding, blessing, protecting and believers will see it and rejoice (35-42)
- VI. **A CLOSING EXHORTATION TO THE WISE to consider the loving kindnesses of the Lord (43)**