

MY EXPERIENCE WITH HOMEOPATHY

DRAFT

By Greg Lundstedt 10/2020

I begin by sharing a personal experience. I pulled a muscle in my back and was in a lot of pain. I was offered a homeopathic remedy that was purported to relieve pain. The person offering it mentioned a doctor gave this someone else I knew when other pain relievers didn't work, and it worked for them. Now being a Christian and a pastor, years ago I had looked at naturopathy because there were some people at church involved in it and the result of my study was it was clear falsehood and was encumbered by and rooted in new age/demonic influences. Now I remembered that while looking into naturopathy I had also come across homeopathy (yet not in depth). My recollection was it was false at best. So, I did not take the homeopathic remedy offered to me. Now after a good sleep my back went from intense pain to no pain. It healed overnight. Had I taken the homeopathic remedy; I certainly would have been tempted to say wow that remedy worked. Yet, I didn't take it, my back healed on its own.

Why do I mention this? Because at the root of all homeopathy is personal testimonial. And as I looked back into this, I found this is the only so called "proof" there is for these remedies working and theoretically I could have been one of them.

Now it is widely understood that there is no scientific proof that homeopathy works. Absolutely none (See Wikipedia and I will add some links). Even the theory of how homeopathy works is just scientifically outrageous and tests the common sense of anyone who has not been biased by "personal experience" or other testimonials.

The following is from Stephen Barret MD "At Best, the "Remedies" Are Placebos"
From "Homeopathy: The Ultimate Fake" August 25, 2016

Homeopathic products are made from minerals, botanical substances, and several other sources. If the original substance is soluble, one part is diluted with either nine or ninety-nine parts of distilled water and/or alcohol and shaken vigorously (succussed); if insoluble, it is finely ground and pulverized in similar proportions with powdered lactose (milk sugar). One part of the diluted medicine is then further diluted, and the process is repeated until the desired concentration is reached. Dilutions of 1 to 10 are designated by the Roman numeral X (1X = 1/10, 3X = 1/1,000, 6X = 1/1,000,000). Similarly, dilutions of 1 to 100 are designated by the Roman numeral C (1C = 1/100, 3C = 1/1,000,000, and so on). Most remedies today range from 6X to 30X, but products of 30C or more are marketed.

A 30X dilution means that the original substance has been diluted 1,000,000,000,000,000,000,000,000,000 times. Assuming that a cubic centimeter of water contains 15 drops, this number is greater than the number of drops of water that would fill a container more than 50 times the size of the Earth. Imagine placing a drop of red dye into such a container so that it disperses evenly. Homeopathy's "law of infinitesimals" is the equivalent of saying that any drop of water subsequently removed from that container will possess an essence of redness. Robert L. Park, Ph.D., a prominent physicist who is executive director of The American Physical Society, has noted that since the least amount of a substance in a solution is one molecule, a 30C solution would have to have at least one molecule of the original substance dissolved in a minimum of

1,000 molecules of water. This would require a container more than 30,000,000,000 times the size of the Earth.

Oscilloccinum, a 200C product “for the relief of colds and flu-like symptoms,” involves “dilutions” that are even more far-fetched. Its “active ingredient” is prepared by incubating small amounts of a freshly killed duck’s liver and heart for 40 days. The resultant solution is then filtered, freeze-dried, rehydrated, repeatedly diluted, and impregnated into sugar granules. If a single molecule of the duck’s heart or liver were to survive the dilution, its concentration would be 1 in 100²⁰⁰. This huge number, which has 400 zeroes, is vastly greater than the estimated number of molecules in the universe (about one googol, which is a 1 followed by 100 zeroes). In its February 17, 1997, issue, *U.S. News & World Report* noted that only one duck per year is needed to manufacture the product, which had total sales of \$20 million in 1996. The magazine dubbed that unlucky bird “the \$20-million duck.”

Actually, the laws of chemistry state that there is a limit to the dilution that can be made without losing the original substance altogether. This limit, which is related to Avogadro’s number, corresponds to homeopathic potencies of 12C or 24X (1 part in 10²⁴). Hahnemann himself realized that there is virtually no chance that even one molecule of original substance would remain after extreme dilutions. But he believed that the vigorous shaking or pulverizing with each step of dilution leaves behind a “spirit-like” essence—“no longer perceptible to the senses”—which cures by reviving the body’s “vital force.” Modern proponents assert that even when the last molecule is gone, a “memory” of the substance is retained. This notion is unsubstantiated. Moreover, if it were true, every substance encountered by a molecule of water might imprint an “essence” that could exert powerful (and unpredictable) medicinal effects when ingested by a person.

Many proponents claim that homeopathic products resemble vaccines because both provide a small stimulus that triggers an immune response. This comparison is not valid. The amounts of active ingredients in vaccines are much greater and can be measured. Moreover, immunizations produce antibodies whose concentration in the blood can be measured, but high-dilution homeopathic products produce no measurable response. In addition, vaccines are used preventively, not for curing symptoms. <https://quackwatch.org/related/homeo/>

Now obviously for those who are willing to set down their bias of personal experience, Homeopathy dilutes the substance to the point it chemically doesn’t exist or is so small it cannot possibly bring any effect.

So then should we as Christians be using these types of remedies? My belief is no. and here is my reasoning:

- 1- When we believe a substance has healed us which physically cannot, we are entering falsehood and end up deceiving ourselves. We are of the truth and are children of light. We are to walk in the light, in the context of the truth revealed in the Word. We are to set aside all falsehood. Eph 4:25. We are to...examine everything *carefully*; hold fast to that which is good; ²² abstain from every form of evil. 1Thes 5:21-22
- 2- There is also the potential for demonic influence. As shared earlier, the founder “Hahnemann himself realized that there is virtually no chance that even one molecule of original substance would remain after extreme dilutions. But he believed that the vigorous shaking or pulverizing with each step of dilution **leaves behind a “spirit-like” essence**—“no longer perceptible to the senses”—**which cures by reviving the body’s “vital force.”**”

And folks this makes sense. Why would someone believe such small infinitesimal substances would work? Because of the so-called spiritual forces behind it.

William T. Jarvis, Ph.D, who I think is a nonbeliever in his article “Why Users Say Homeopathy Works” writes concerning homeopathy “For true believers, homeopathy is a religion. Homeopathic vitalism validates the existence of soul for many. Such believers are delusional and see only what they want to see.” Even a rational and reasoning non-believer looking at facts concerning Homeopathy, can see the underling reality of homeopathy for some people. Now I do not believe in any way those believers who stumbled into this are thinking this way, yet we must acknowledge the spiritual danger of believing falsehood.

Brothers and sisters, homeopathy clearly has a new age demonic philosophy attached to it. Now I have no doubt this was not part of your thinking when taking these remedies, yet we must acknowledge it does have a new age/ demonic origin and thus the only way it could truly work (not a false placebo effect) is in the spiritual sphere. Now, these infinitesimal quantities have no demonic power in and of themselves. Indeed, I understand the idea of meat sacrificed to idols actually has no demonic power, yet when I believe falsehood, I am now more vulnerable to deception and falsehood having opened the door for such power. And I have seen it personally. Believers who reject what I’ve shared and continue in these practices eventually add in or accept other practices which are clearly new age, accepting things they would have never accepted before unknowingly dabbling with the falsehood of homeopathy.

- 3- Also, when we entertain that which is false, we are so subtly opening the door for more falsehood and evil. It is quite well known that those who are involved in Naturopathy (which is clearly demonic (I have another paper on this) also are involved in homeopathy. In fact, they go hand in hand. Homeopathy also has a close relationship with anti-vaxxers. Again, the door is now is open for more harmful falsehood.

So then, let us circle around to how I began this paper. I could have easily been saying today “wow homeopathy works” but I would have been deceiving myself based upon a flawed testimonial. Brothers and sisters if you have fallen for the falsehood of homeopathy, I understand how easy this can happen. Yet, simply because we believe it works, doesn’t change the fact it is based on falsehood and had demonic origins.

If you are a believer, I exhort you to “put aside all falsehood” and abstain from homeopathic remedies. And if through homeopathy you have entered into other new age falsehoods, I would encourage you to confess, forsake and be restored before you find yourself in a place you never thought you would be as a Christian.

Remember Proverbs 27:6 ⁶ *Faithful are the wounds of a friend, But deceitful are the kisses of an enemy.*

Your pastor, brother and friend in Christ,
Greg

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